



CW Resources Senior Community Café

May, 2014



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Apple Juice Salisbury Steak with Onion Gravy Harvest Rice Romaine Salad Ranch Dressing Italian Bread Happy Birthday Birthday Cake	2 Butter Crunch Fish Tartar Sauce Baked Sweet Potato Spinach Rye Bread Fresh Apple
5 Baked Chicken Breast Chicken Gravy Mashed Potatoes Steamed Broccoli Dinner Roll Grapes	6 American Chop Suey with Elbow Macaroni, Beef, Onions and Tomato Sauce Peas 12 Grain Bread Honeydew Melon	Mother's Day Special 7 LS Cream of Broccoli Soup Unsalted Crackers Grilled Chicken Strips over Caesar Salad with Olives, Cucumbers and Croutons Caesar Dressing Multi Grain Bread Apple Pie w/ Topping	8 Open Faced Turkey Sandwich with Turkey Gravy Herbed Stuffing Capri Blend Veggies White Bread Citrus Selections	9 Roast Beef with Mushroom Gravy Yams Geneva Blend Veggies Rye Bread Banana
12 Orange Juice Ziti with Meatballs and Marinara Sauce Parmesan Cheese Italian Blend Veggies Garlic Bread Lemon Pudding	13 Pineapple Juice Chicken Ala King over Brown Rice Carrot Coins Biscuit Ice Cream Sandwich	14 Pork Loin with Apple Au Jus Buttered Noodles Stewed Tomatoes Corn Bread Fresh Tangerine	15 Meatloaf with Onion Gravy Roasted Potatoes Buttered Beets W.W. Dinner Roll Mixed Fruit Cup	16 LS Hearty Vegetable Soup Unsalted Crackers Lemon Pepper Fish Tartar Sauce Broccoli Harvest Coucous Rye Bread Pears
19 Chicken Marsala Marsala Sauce Buttered Noodles Steamed Broccoli Oatmeal Bread Apricots	20 Lazyman Stuffed Pepper Mashed Potatoes Tuscany Blend Veggies Pumpnickel Bread Peaches	21 All Beef Long Dog Sauerkraut and Onions Mustard and Relish Macaroni Salad Marinated Cucumbers Memorial Day Special Lunch Long Dog Roll Watermelon Slice	22 Pulled Pork with BBQ Sauce Cornbread Stuffing Garden Salad Thousand Island Dressing Dinner Roll Cantaloupe	23 Turkey Tetrazzini over Wide Egg Noodles Peas & Carrots Rye Bread Fresh Apple
26 Memorial Day Closed 	27 Grape Juice LS Sliced Ham with Pineapple Sauce Brown Rice Country Style Veggies 12 Grain Bread Pecan Spinwheel	28 Baked Lasagna with Meat Sauce Garden Salad with Italian Dressing Italian Bread Peaches	29 Cranberry Juice Philly Cheese Steak Onions and Peppers Sliced Potatoes Carrot Raisin Slaw Sub Roll Pears	30 LS Cream of Mushroom Unsalted Crackers Pier 17 Fish Tartar Sauce Rice Pilaf Capri Blend Veggies Rye Bread Tropical Fruit Cup